

TINTAGEL PARISH COUNCIL

NEWSLETTER

EDITION 6

OCTOBER 2010

Cornwall Council fines a Tintagel resident for leaving behind dog mess!

On Monday 9th August a Tintagel resident contacted Tintagel Parish Council after witnessing an irresponsible dog walker failing to clean up after their dog fouled on a roadside verge near Tintagel Primary School. The Parish Council notified Debbie Ebsary, Street Ranger who carried out a brief investigation with Chris Instance, Enforcement Officer who issued an £80 fixed penalty notice – the amount was reduced to £50 as it was paid within 10 days.

Debbie Ebsary, Street Ranger for Cornwall Council, said: "Nobody wants to see dog mess left on our streets. It's great to see that members of the public are willing to get in touch and let us know about these types of offences. They want to keep their neighbourhood clean and we are working with them to achieve that."

Cornwall Council introduced a Dog Control Order from July this year that covers all of Cornwall to ensure all areas of Cornwall have the same levels of enforcement for dog fouling. The new order covers all areas in the open air, to which the public are entitled access (by way of payment or not) - this expands the area that was previously covered to include all roads (regardless of the speed limit) as well as more public areas.

If anyone does witness a dog walker failing to pick up after their dog has fouled and would like to report it then please ring Cornwall Council's Dog Welfare & Enforcement Team on 0300 1234 212, or speak to your local Street Ranger - Debbie Ebsary on 0300 1234 202. Action will be taken on the basis of all suitable information that is provided - we would ask that you collect details such as name/address (if known), vehicle description/registration details, description of what happened (location, date, time, what actually happened etc...) and description of the person/dog.

The Dog Welfare & Enforcement service do carry out proactive patrols, and will issue tickets to any person failing to clean up and properly dispose of dog waste (it is a separate offence to leave behind bagged dog waste). There are also many other Council Officers as well as the local PCSO's that are able to issue tickets to offenders, although it is only with members of the public taking responsibility for their neighbourhoods and reporting problems and persons responsible that we will be able to deal with the issue effectively.

PLEASE TAKE A COPY

TINTAGEL PARISH COUNCIL NEWS

Tintagel Parish Council's regular monthly meetings for the remainder of 2010 will be held on:-

Wednesday 6th October

Wednesday 3rd November

Wednesday 1st December

Meetings are normally held on the first Wednesday of each month at Tintagel Social Hall commencing at 7.00 p.m. The Agenda for the meeting is displayed on the Parish Notice Boards from the Thursday preceding each meeting.

TREVENA SQUARE – CAR PARK FOR PERMIT HOLDERS

From the 1st April, 15 Penalty Charge Notices (PCN's) have been issued by Cornwall Council. Of these 5 have been successfully appealed against and 10 have paid in full. Cornwall Council have issued tickets for people who are parking with no permits, cars which are displaying a permit for a different registration number i.e. where someone has changed their car and not obtained a new permit and where the permitted length of stay is being exceeded. There is no excuse for not displaying a valid permit if you qualify for one. This matter has been the subject of articles in previous editions of the Parish Newsletter and in the July issue a Permit Application Card was reproduced for residents to update/obtain a permit as necessary. A Permit Application Card is again reproduced below so if you require a new permit, please complete and return the copy of the card below to the Clerk, along with a stamped addressed envelope, and a new permit will be issued. **YOU WILL RECEIVE A FINE IF YOU DO NOT DISPLAY A VALID PERMIT, IF THE PERMIT IS NOT VISIBLE OR IF YOU STAY OVER THE PERMITTED TIME.**

TINTAGEL PARISH COUNCIL CAR PERMIT APPLICATION

Date

Owner's Name

Address

.....

Postcode Telephone No.

Registration Numbers: Car 1 Car 2

CLOSURE OF CAR PARK DURING WORKS

Some improvement works will be carried out to the entrance to Trevena Square and the Permit Holder's car park in the autumn. This may mean that the car park will be closed for a short period of time. Notices will be posted on the Parish Notice boards to advise of any proposed closure. Permit holders are reminded that there are still spaces for their exclusive use in the car park adjacent to the Visitor Centre.

DOG FOULING

The National Trust has provided a Dog Waste bin at Glebe Cliff. This was due to public request and it is hoped that it will alleviate the problem with dog fouling in the area. As neither Cornwall Council or the National Trust was able to empty the bin this is being carried out by a volunteer from the Parish Council.

PARISH NEWSLETTER

Contributions are still urgently required for the Newsletter. If you are a member of a local club or organisation and would like to include an item in the newsletter, please do so. Items of general interest from individuals would be most welcome. If you feel you could distribute copies of the newsletter, however few, maybe just to a small group of neighbours or club members, please contact the Clerk.

It is hoped to continue to publish regular Newsletters for the foreseeable future and dates for receipt of items to be included and publication dates are listed below. Information can either be emailed to the Clerk at moth.sct@btinternet.com or handwritten and sent to Lincoln House, Treven, Tintagel PL34 0DT.

Would you like to receive a copy of the Newsletter by email (.pdf format) or do you know someone who might like to receive a copy by email? Perhaps they live out of the area and are interested in village news – if so, please contact the Clerk.

<i>Edition</i>	<i>Final date for items to be included</i>	<i>Publication date</i>
December 2010	22 nd November 2010	1 st December 2010
February 2011	26 th January 2011	4 th February 2011
April 2011	22 nd March 2011	1 st April 2011

PARISH COUNCIL CONTACTS

Clerk: Sue Moth, 01840 770022 email: moth.sct@btinternet.com

Lincoln House, Treven, Tintagel PL34 0DT

Chairman: Roger Wickett, 770800

Vice-Chairman: Bob Flower, 770857

Councillors: Mary Dyer 770472, David Hodge 770064, Martin Smith 770662, Terry Dangar 770870, Thelma Dorman 770716, Steve Dray 779020, Paul Heath 770203, George Menhenick 770687

With autumn upon us, the sea temperatures have peaked and will soon start to fall. All the usual summer species arrived this year along with a few unusual ones such as the amberjack. Shore fishing during September is probably the best time of the year around Tintagel with good size Pollack, ray and bass being recorded along with numbers of scad, mackerel garfish and wrasse. Boat fishing has already seen good numbers of triggerfish and bream and for the boats managing to get out in October the tope should be at their best.



One worrying aspect is the apparent disappearance of wrasse around the Barras Head area. It is rumoured that it has to do with discharges down the old sewerage pipe although I stress that this has not been substantiated and that the club are still trying to find the underlying cause. If anyone has any information that they think would be helpful we would be very interested in hearing from you. Phone 01840 770382 or email tintagelsac@tiscali.co.uk

Nigel Rundle won the July Fish of the month competition and species competition with a golden grey mullet of 2lb 6ozs (100%). Early September has seen some better size bass being recorded with David Gibson and Gary Boyde both catching fish over 7lbs. The club boat competition was a great success and enjoyed by all those that took part.

Forthcoming events during September are dominated by the annual open shore competition taking place on the weekend of the 25th/26th September. Prize money includes £200 first prize, £75 for second and £25 for third. There are also other prizes such as rods and reels. The competition is open to everyone including accompanied juniors with the sign on at the Wootons Hotel, Tintagel between 5 and 5.30pm on Saturday 25th. Our thanks go to all those that helped sponsor the competition especially our main sponsors Ian and Felicity at the Wootons Hotel. Several members will also be looking forward to the 4-day organised fishing trip to Guernsey taking place in October.

There is a very big tide in October on the 8th with the new moon on the 7th and the full moon on the 23rd. The next general meeting will be held on the 5th October at the Wootons Hotel at 7.30pm.

Good luck and be safe,

Nigel

TINTAGEL SURF LIFE SAVING CLUB

TLSC have enjoyed a busy summer with good attendance for our weekly training sessions at Trebarwith Strand, the Nippers (8-12yrs) are now looking forward to their end of summer Night Hike, after which we will be returning to the Camelford Leisure Centre for winter training.

Winning first Prize in the Tintagel Carnival held in August, our huge swimmer was quite a challenge to design and build, and an even greater challenge to control as the members travelled the Carnival route! It's always an enjoyable evening for members of all ages and fantastic to be part of the event.

Not afraid of a challenge, some of our members took part in this year's Padstow to Rock Swim in July in aid of Macmillan Cancer Care. A great achievement for anyone who takes part in this swim and Lucas, 10 was our youngest entrant. They enjoyed it so much there are plans to enter again next year and take along a few more mates this time!



On the wettest Sunday morning in September the Nippers attended a Surf life saving Club Festival at Harlyn Bay, a fun event with other local clubs for to take part in sea activities and games on the beach. This annual event is a great opportunity to get the Nippers together and enjoy some friendly competition and use their skills gained throughout the year.

Sadly, we have said farewell to one of our longest serving members, Steve Reynolds who has moved with his family to live in France. Steve has been involved in TSLC for many years, regularly assisting with training for both the Nipper and Juniors/Youth section and has shown great commitment to the Club.

Please visit our website for further information at www.tintagelslsc.co.uk

TINTAGEL ART GROUP

ART CLASS - Wednesday afternoons 1.30pm - 5.30pm at the Social Hall, Tintagel

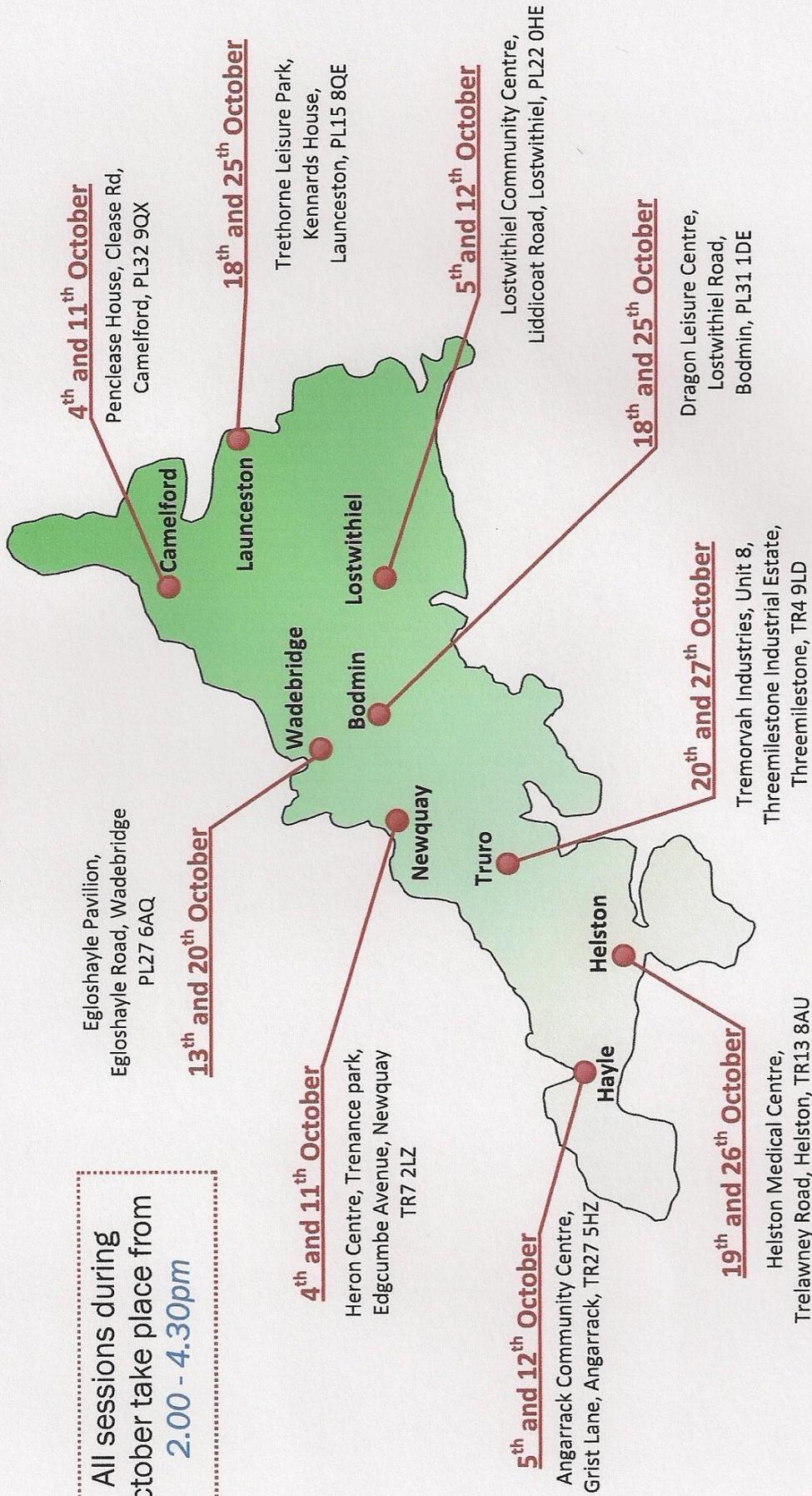
We are a very friendly group who all enjoy different mediums, and Wendy Parkyn our teacher is very qualified to teach them all. New members are always welcome and current members are always willing to lend brushes and paints for people to try before they commit themselves. The time is not set in concrete as people sometimes have to arrive late and leave early. Eating the homemade cakes is not compulsory either.

Come along and see us or telephone Wendy on 07732 028609.

Dementia Information Sessions - starting Oct 2010

Do you care for a family member or friend who has dementia or memory problems?
Help and support is available.

All sessions during
October take place from
2.00 - 4.30pm



The Outlook South West Dementia Training Team are providing a programme of **FREE** information sessions, covering everything from the basics of dementia care, to strategies for behaviours that challenge. The friendly and interactive programme is delivered over a *two week* period. If you would like to know more or wish to book a place - please call (01208) 871904.

BOSCASTLE, BOSSINEY AND TINTAGEL WASTE WATER TREATMENT SCHEME
UPDATE
SEPTEMBER 2010

South West Water with its partners Bam Nuttall, Nomenca and Pell Frischmann are pleased to announce the completion of the first comprehensive waste water treatment facility for the communities of Boscastle, Bossiney and Tintagel in North Cornwall.

As well as the waste water treatment works, the scheme included the construction of five new pumping stations at Boscastle New Road, Boscastle Forrabury, Tintagel Haven, Tintagel Castle Road and Bossiney Back Lane, and incorporated the existing Boscastle Harbour transfer and storm pumping stations.

During the project a number of archaeological discoveries were uncovered including cist graves in Tintagel and Forrabury. Cist graves are lined with upright stones, and are unusual to find in Cornwall.

A fallen standing stone, believed to be of later prehistoric to medieval date was found at Quoit, between Trevalga and Trethevy. It has been shaped from a large, local greenstone with a rounded base and tapering top. All the artefacts have been left in situ and covered securely.

Carl Thorpe, Archaeologist with the Historic Environment, Cornwall Council, who was involved with the project said, "South West Water's project has given us the opportunity to discover several medieval artefacts. It has helped increase our understanding of past activity in an area that has seen very little fieldwork before."

The scheme was required under the European Union's Urban Waste Water Treatment Directive and will provide secondary treatment to the waste water arising from Boscastle, Bossiney and Tintagel.

Project Manager Mike Court, South West Water, said: "We are pleased to have completed the Boscastle, Bossiney and Tintagel Waste Water Treatment Scheme. It has been a very challenging scheme to deliver, involving many different interfaces, and is one of the final two schemes in South West Waters Clean Sweep Programme. This scheme is a long term investment for the future and provides a significant improvement to the quality of the regions coastal waters."

South West Water and its partners wish to thank the Construction Liaison Group members, local residents and businesses for their patience and cooperation whilst these essential works have been carried out.

A final open day will be held in the Autumn to mark the end of the scheme. Full details will be posted on local notice boards and on the dedicated project website

www.southwestwater.co.uk/bbtcleansweep

Tintagel Garden Club

We opened our autumn programme with a delightful talk by Harry Colclough entitled 'For the Love of a Rose'.

On retiring from the police force Harry moved to Paignton to pursue his passion for growing begonias and roses - a successful exhibitor at shows around the country and now a respected national judge.

We were given a detailed account of the husbandry requirements for roses- a fertile and free draining soil; there followed descriptions of the different pruning techniques for Climbers, Ramblers and Hybrid Teas, stressing the importance of keeping the centres open of the latter. Disease control must be addressed throughout the year, with Jay's fluid being one of the best in controlling many problems, however timing is important as it will kill any growing shoot it comes into contact with. Finally, deadheading on a daily basis prolongs the flowering season.

Our speaker concluded with colourful slides showing the characteristics, subtle differences in colour and habit, of many varieties - and of course those with magnificent scent.

Harry enjoys talking about his plants and entertained our members over coffee, staying well after 10 o'clock - as he said, he had an excellent B&B in Tintagel for the night (Melrosa).

Our next event is our annual dinner - Saturday 9 October at Trethorne

Our next meetings at the Social Hall are -

Friday 15 October - Ken Wilcox - A Bucket Full of Plant Material

Friday 19 November - Mark Wash - Trecanna Nursery

Richard Dale Committee member 01840 770960

OCTOBER EVENTS AT THE OLD POST OFFICE, TINTAGEL

Knitting Week

To help celebrate Rowan's Wool Week, the National Trust is offering reduced entry for anyone who visits the Old Post Office between Monday 11th and Sunday 17th October. Anyone who brings their knitting needles or crochet hook and wool can gain entry for only £1. The offer is open to all ages. Even if you've never knit before, come along and learn the basics. The open fire will be lit and will create a wonderful atmosphere to sit, knit and chat. Entry is free for National Trust members, we cannot admit anyone under the age of 16 without adult supervision. Contact the property for more information on 01840770024

Halloween Happenings

The Old Post Office recently welcomed *Supernatural Investigations*, a paranormal group from South Devon, to explore what goes bump in the night. The group had a great evening and you can discover what they found in timed tours of the property during October half term. Look out for posters with more details on how to book a tour.

TINTAGEL ROYAL BRITISH LEGION

The Legion was delighted with the number of people who attended the short Dedication service of the new memorial stone in Trevena Square. We feel that it is a great asset to the village and is something in which we can all be proud. Everybody who helped with donations and the erection of the stone cannot be thanked enough.



This year the Annual Remembrance service will be held at St. Materiana's Church on Sunday 14th November commencing at 10.45 hours at the Cenotaph followed by a service in the Church. Please come along and let us show our solidarity and appreciation to the forces for all they are doing in addition to Remembering those who gave their lives in the past. The Two Minutes silence will be observed in the village outside of King Arthur's hall on Thursday 11th November at 11.00 hours so do not forget 11.11.11 and attend this moving event.

Due to the great demand for help from the ex service personnel the Poppy Appeal this year is of great importance so please give generously and help us to raise a record amount of monies for this most worthwhile cause, thank you.

DIARY DATES

Regular quizzes are held at the King Arthurs Arms, Fore Street, Tintagel
Quizzes are held on the 1st and 3rd Tuesday of every month throughout
the year, commencing at 8.30 p.m.,
teams of 4 people or come along and make up or join a team.
Come along for a fun Quiz Evening.

ALL WELCOME

First Tuesday of the Month – Proceeds to the W.I.

Third Tuesday of the Month – Proceeds to the First Responders

TINTAGEL AFC

CASH PRIZE BINGO

Wednesday 20th October, doors open 7.00 p.m.

Tintagel Social Hall (over 18s only)

Eyes down at 7.30 p.m., Snowball £20

Raffle and refreshments

In aid of Tintagel AFC Charity no: 1088744

TINTAGEL CRICKET CLUB

Another cricket season has come and gone far too quickly, however the club and village can look back with a great deal of pride and satisfaction. The first eleven playing in Division 3 east has ended up in a very creditable third. The team, full of locals was a good mixture of youth and experience expertly led by Bob Wilson. The victory at St Austell marked his retirement after nearly 30 years with the club. His contribution cannot be underestimated and we hope he will enjoy concentrating on his burgeoning music career.



The second eleven has had a much more difficult time with a lack of recognised bowlers and the failure to set challenging totals the main reason. A late surge of 3 victories on the trot lifted us from relegation candidates to a respectable fifth place. The batting of Tom Preston Evans and the wit and repartee of Callum Flew were notable features of the season

The Hartley's Home Care Evening league was particularly well fought with a number of local teams emerging as potential winners. The Wootons, St Gennys and the Mill House were able to field strong teams on occasions. In the end Port Isaac spoilt the dominance of the Cobweb in the league and the Wootons were victorious in the Sunday knockout.

The club is continuing to grow and develop, the pitch and surrounds is kept to a very high standard. Many visiting teams comment on the quality of both the field and the stunning views. Throughout the summer Junior coaching sessions have taken place, we are lucky to have some young, enthusiastic and qualified coaches who would love to see more participants next year. Those involved have enjoyed it and made great progress.

The village and indeed parish should be proud of the clubs contribution and we would welcome any interest and support in terms of participation, help or sponsorship when the new season starts!

Steve Brown, Tintagel Cricket Club.

REPORT FROM PCSO TERRY GROVES

I would like to remind everyone that as winter is coming on, residents should be aware of possible heating oil fuel thefts.

During the early hours of Saturday 10th September, possibly around 1.30 a.m., a large custom made wooden entrance gate was stolen from a property in Treknow. If anyone knows its whereabouts or if anyone has acquired a gate recently, could they please let us know.

PCSO Terry Groves, Camelford Police Station

TINTAGEL PRIMARY SCHOOL

Welcome back to all the pupils as we start a new school year here at Tintagel Primary School, and an especially warm welcome to the 12 new Reception children and their families. After School Clubs have started again and along with our usual Bike Club and Netball Club we have been fortunate enough to have some exciting new ones. These include Art, Tag Rugby, Science and Nature, and Drama Club which involves a performance at the Hall for Cornwall in January. Also for all you adults out there Debbie Lambert is running a Legs, Bums and Tums Club on Wednesdays 3:15pm – 4pm.

I am sure you have all noticed our fantastic new bike shelter which I am pleased to see is being well used. This was purchased with a grant from Cornwall Council as a result of a successful Travel Plan. The certificate for this is being presented to the school by local MP Dan Rogerson later this month.

Forthcoming events at the school this term include various Sports Festivals, Harvest Festival where we will be collecting food for the Wadebridge Food Bank, and of course our annual collection of Shoeboxes for Samaritan's Purse.

TINTAGEL MEMORIAL PLAYING FIELDS ASSOCIATION

The Playing Fields have had a very busy summer. The Skate Park Project is well under way at last, after a hesitant start and the base is almost complete. It is only a few days from the date of writing this before we expect the ramps to be fitted, and the area to be ready for use.



The quality of the grounds has improved yet again and we are proud to say that each of the grass playing areas is in fantastic condition in spite of a rather soggy summer.

Apart from the normal routine inspections that have to be passed in the course of each year, the TMPFA were selected at random from all the charities in the UK as one of the half dozen or so that are lucky enough to be inspected by the Charities Commission. The main point of the inspection seems to be to determine whether or not the TMPFA is of benefit to the public. We are confident that we will pass this test with flying colours. However, it just another bureaucratic hoop to be jumped through at a time when we are all finding it difficult to make ends meet financially.

We are working hard to develop a series of small fund raising events as well as one really big one. We hope to be publishing a list of these events in the near future and will try to have the list published in a later issue of this magazine.

Phil Hasbrig-Hartley, Chairman of the Trustees

TINTAGEL UNITED METHODIST CHURCH

Minister : Rev. Bryan Ede – 01840 214818

Every Sunday – Service at 10.30 a.m. followed by fellowship over a cuppa.

Every Thursday in the Sunday School

Coffee Morning from 10.30 – noon. Come and meet friends for a chat !

Bible Study

Inter-church, informal meetings in local homes on Wednesdays from 7.30 p.m. Contact Brian/Cherry on 213391.

Prayer Meeting

Thursdays in the Chapel from 10.00 – 10.30 a.m. supporting families, friends and needs locally and abroad. Contact Tony and Marion on 779040.

Walking Group

Meets monthly on Mondays enjoying country and coastal walks. Contact Jen on 770365.

X-pplorers Club (Churches Together)

We meet on Fridays (new time 3.30 – 5.00 p.m.) once a fortnight in the Methodist Church Hall. Next meeting 8th October. We have squash, biscuits, crisps, and play games, have stories, videos and DVDs. Also craft sessions, cooking etc. We play Snooker, Table Tennis, Table-Top Football and many other games – all for 50p. All children 4 – 11 years are welcome and mum too (for a cup of tea !).

For further details contact June Burnard (770403) or Christine Irons (770433).

Please come and join us – you will be most welcome.

Harvest Festival Services

Sunday 10th October at 10.30 a.m. Preacher : Mr. Peter Bloye

At 6.00 p.m. Harvest Songs of Praise led by Rev. B. Ede.

Monday 11th October at 7.00 p.m.

Harvest Pasty Supper and Sale in the Sunday School. Proceeds for the Chapel and the Homeless.

Churches Together

Saturday 23rd October at the Social Hall at 7.30 p.m.

Barn Dance and Supper. Come and swing your partner !!

Wednesday 24th November at 10.30 a.m. Ladies Advent Service led by Sue Ede.

Sunday 28th November at 1.00 p.m. in the Social Hall. Fellowship Lunch, contact Gladys on 770320.

Friday Club

We meet fortnightly in the Sunday School at 2.15 p.m. You are very welcome to join us.

Friday 29th October 2010 : Social Time

Friday 12th November : Talk by June Jory entitled "Norway and The Archers"

Friday 26th November : Talk by Rev. R. Avent "Famous people I have met"

Activities for December to be announced : Watch this Space !

A warm welcome awaits you at all these events.

For all general enquiries ring Joyce on 770671.

NEWS FROM TINTANGELS, TINTAGEL CHILDRENS CENTRE - Alliance Community Networks

A variety of people from across North Cornwall have been enjoying a series of "Alliance Community Network" events held at Crackington, St Breward, Marhamchurch, Launceston, Egloshayle, Camelford and Tintagel. These were organised and delivered by Jenny Ahern, Cornwall Pre-school Learning Alliance together with Joanne Tennant, Child Care, Play & Development Manager for Children, Schools & Families.

The focus behind these network events is to bring together anyone who works within the early years sector e.g. parents, volunteer management committees, childminders, staff etc. to allow them the opportunity to network together, share their successes, promote good practice and receive relevant and up-to-date information within their local community.

Niki West, Pre-School assistant at Tintangels Pre-School said 'I am fairly new to the Pre-School and this has been a fantastic opportunity for me to meet others who work within the Early Years sector. I am looking forward to any future Alliance Community Network Events!' Other comments include "it's good to know we are not alone", "realization of our value within our community", "chance to meet with others and network" and "getting others points of view on the challenges we face within our sector!"

The photograph shows the event recently held at Tintangels Pre-School, with colleagues from Tintangels, Delabole Mini Minors, Little Acorns Nursery @ Camelford, St Kew Pre-School, Cornwall Pre-School Learning Alliance, Children, Schools & Families and childminders from Boscastle, Treknow and Delabole.



Lucy Huckle, North Cornwall Baby and Toddler Development Worker

07595 281 750

*Cornwall Pre-school Learning Alliance, Bree Shute Court, Bree Shute Lane,
Bodmin, Cornwall PL31 2JH*

A note from our Local Cornwall Councillor

I had a report from County Hall on various surveys and analyses carried out in the County in recent times and will share a little with you under the heading : Cornwall, A Land Apart. It is encouraging to note that fewer young people are leaving the County now and that a good proportion of people moving into the County are of working age; nevertheless the increasing numbers of retired people coming into the West Country, and our own Cornish people, will put increasing pressure on services, especially the Social Care and Health Services.



We read about the “Devon Wall” but it is interesting to note regarding employment that 9,000 people come into the County to work each day and 10,000 of our residents commute to Plymouth. So we need to keep a sense of co-operation between our two Counties for the mutual benefit of our people and those across our border.

A few facts and figures on our County's waste may interest you: In 2009/10 the Council land-filled 191,761 tons of municipal waste, averaging 115 kilos per household. In Cornwall we recycle and compost 37% of our waste, our household weekly collections and recycling collections every other week amount to over 23 million individual collections per year at an approximate cost of £1.99 to collect, transport and landfill a black bag of rubbish and only 41p to collect and recover a box or bag for recycling.

If I can be of any help to anyone, please call me on 01840 770302.
Glenton Brown, Cornwall Councillor



TINTAGEL CHRISTMAS LIGHTING COMMITTEE

We have cooked, baked and ate our way to raise a princely sum of £922.82 ! Thank you to everyone who helped in any way on these two Cream Tea days. Next is the Safari Supper evening, Saturday 2nd October at 7.00 p.m. An absolute bargain at £10 for adults and £5 for children for 5 courses ! You can purchase tickets from the Visitor Centre or Committee Members. The Attic have donated a HUGE teddy bear for the raffle, tickets can be bought from Spar. The lucky winner will be drawn on the “Switch On” night, 11th December. Please let us know if you have any ideas/thoughts towards making it an evening to remember. May we take this opportunity to thank you for either helping or participating in our various endeavours to raise money to keep our beautiful village lit up for 3 weeks over the festive period.

Impact Martial Arts Academy Cornwall

The Tintagel branch of Impact Martial Arts opened on 10th September and both adults and children's classes were well attended.

Students practised footwork, boxing and kicking techniques and finished by "board - breaking" with a lead push kick.

Adult students worked out with boxing and kicking combinations followed by trapping and stick work.

Gradings are scheduled to take place in November for those who wish to do them.

Dress for classes is black gi's with belts for children and "Impact" T-shirts and jog bottoms for adults. However this is not compulsory and students may wear any suitable clothing.

Everyone Welcome



TINTAGEL

Fridays in the Ladies

Freemasonic Hall

Children's Classes

5.45-6.45 £3.00

Adult Classes

7.00-8.30 £4.00

Telephone

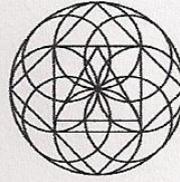
Norman & Wendy

01840 212262



JUN FAN JEET KUNE DO
a fighting method developed by

BRUCE LEE



KALI ESCRIMA ARNIS

The Filipino art of defence against weapons and empty hand attack.



SILAT

is a generic term used for the martial arts of Indonesia, Malaysia and the Southern Philippines.

GRADINGS a full system of gradings is available for adults and children.



**JEET KUNE DO, Kali/Escrima
Penjak Silat, JKD Kickboxing,
Self-Defence, Brazilian Ju-Jitsu.**

DELABOLE

Monday in St John's

Community Rooms

Children's Classes

5.30-6.30 £3.00

Adult's

Kickboxing Workout

6.45-7.45 £3.00

Jeet Kune Do

8.00 - 9.30 £4.00

Camelford

One Stop Shop

Bringing advice and information on council services closer to where you live.

Open Monday to Friday 9am to 5pm

At the Camelford One Stop Shop you can;

- Pay your council tax
- Report a change in your circumstances
- Purchase your garden sacks
- Get your recycling bags
- Report faults, issues or problems in and around the area
- Arrange your bulky waste collection
- Hand in council forms for internal delivery
- Get help with filling in forms
- Use the free public access computer to find information
- Phone for free to speak to a council expert on any of our services
- Make general council enquiries

Additional services

- The benefits team will be here every third Thursday of the month from 10am to 1pm
- The Citizens Advice Bureau visit every third Thursday of the month from 10am to 1pm
- Stonham Tu (housing related support) visit every Friday from 1.30pm to 3.30pm

Find us at:

College Road Camelford PL32 9TL

College road is opposite the main car park

Telephone 0300 1234 100 www.cornwall.gov.uk

